



DAINES PLASTIC SURGERY

MICRONEEDLING

POST-TREATMENT CARE:

- Avoid direct sun exposure for one week. Do not apply sunscreen to treated areas until the fourth day.
- Wash your face with a gentle cleanser and apply moisturizer 2-4 times daily.
- Flaking or peeling may occur. Do not exfoliate or pick at the skin.
- Avoid using topical skin treatments for 1 week or until skin is healed.
- Ice packs may be used if desired to minimize swelling.
- Do not perform any vigorous exercise or use the sauna for at least 24 hours after treatment.
- Do not apply make-up for 1 week.
- For the first 3-5 days the skin will most likely have a sunburn-like effect and feel dry and tight. Swelling is also common. Apply additional moisturizer as needed throughout the day.

**IF YOU HAVE ANY QUESTIONS OR CONCERNS, DO NOT HESITATE
TO CONTACT US AT THE OFFICE (949) 209-1622**

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